

NORTH SHORE  
LUNG FUNCTION

LUNG FUNCTION REFERRAL PAD

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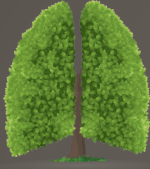
[WWW.NSRS.COM.AU](http://WWW.NSRS.COM.AU)

# North Shore Lung Function

## SERVICES OFFERED

### Full lung function testing, including:

- Pre- and post-bronchodilator spirometry
- Lung volumes
- DLCO
- Broncho-provocation testing
- Respiratory muscle strength testing
- Nocturnal oximetry
- Allergy evaluation



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# North Shore Respiratory & Sleep

## OUR AREAS OF INTEREST AND EXPERTISE INCLUDE:

### Respiratory Medicine

- Airways disease: COPD, asthma, bronchiectasis
- Respiratory tract infection & pneumonia
- Tuberculosis
- Interstitial Lung Disease
- Lung Cancer
- Pleural disease
- Venous thrombo-embolism
- Occupational and asbestos-related lung disease
- Pre-operative respiratory assessment
- Symptom-based investigation – *cough, sputum production, dyspnoea, wheeze, haemoptysis*

### Sleep Medicine

- Obstructive sleep apnoea
- CPAP therapy review
- Central sleep apnoea
- Nocturnal respiratory failure
- Occupational licensing reviews
- Restless leg syndrome
- Insomnia
- Behavioural sleep disorders
- Narcolepsy

### Services offered:

- Respiratory consultation services, with priority access for urgent referrals
- Advanced bronchoscopic sampling procedures
- Sleep consultation services
- Access to tertiary hospital diagnostic sleep lab services

## Dr Garrick Don

B.MED.SCI.(HONS),  
MBBS (HONS), FRACP

CONSULTANT RESPIRATORY  
AND SLEEP PHYSICIAN

PROVIDER NO: 265965MW

## Dr Ben Harris

BSC(MED) MBBS(HONS),  
PHD, FRACP

CONSULTANT RESPIRATORY PHYSICIAN

PROVIDER NO: 2288348K

NORTH WING FOYER  
CONSULTING SUITES  
NORTH SHORE PRIVATE HOSPITAL  
WESTBOURNE STREET  
ST LEONARDS NSW 2067

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PROVIDER NO: 2288348K

## PATIENT DETAILS

GIVEN NAME \_\_\_\_\_ SURNAME \_\_\_\_\_

D.O.B. \_\_\_\_\_ PHONE \_\_\_\_\_ MOBILE \_\_\_\_\_

## REQUESTING PRACTITIONER DETAILS

SURNAME \_\_\_\_\_

NAME/INITIAL \_\_\_\_\_

ADDRESS \_\_\_\_\_

SUBURB \_\_\_\_\_ P/CODE \_\_\_\_\_

PROVIDER NO \_\_\_\_\_

PHONE \_\_\_\_\_

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

### REPORT TO

FAX \_\_\_\_\_

EMAIL \_\_\_\_\_

MAIL \_\_\_\_\_

CC \_\_\_\_\_

## REQUESTED TESTS

- COMPREHENSIVE LUNG FUNCTION - SPIROMETRY, LUNG VOLUMES, DLCO
- SPIROMETRY - PRE & POST-BRONCHODILATOR
- FLOW-VOLUME LOOPS
- AIRWAY RESISTANCE (RAW/GAW)
- ALLERGY EVALUATION (SKIN PRICK TESTING)
- RESPIRATORY MUSCLE PRESSURES (MIP/MEP)
- SNIFF NASAL INSPIRATORY PRESSURE (SNIP)
- NOCTURNAL OXIMETRY
- ARIDOL™ PROVOCATION TESTING
- REQUEST FOR CONSULTATION WITH DR GARRICK DON

## CLINICAL NOTES

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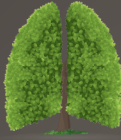
REQUEST MORE REFERRAL PADS

## INSTRUCTIONS:

**STANDARD LUNG FUNCTION TESTING:** TAKE NO SHORT ACTING BRONCHODILATORS FOR 4 HOURS BEFORE THE TEST. TAKE NO LONG-ACTING BRONCHODILATORS FOR 12 HOURS BEFORE THE TEST.

**SKIN PRICK TESTING:** TAKE NO ANTIHISTAMINES FOR 72 HOURS BEFORE THE TEST.

**BRONCHO-PROVOCATION TESTING:** TAKE NO SHORT ACTING BRONCHODILATORS FOR 8 HOURS BEFORE THE TEST. TAKE NO LONG-ACTING BRONCHODILATORS FOR 72 HOURS BEFORE THE TEST. TAKE NO ANTIHISTAMINES FOR 72 HOURS BEFORE THE TEST.



## NORTH SHORE LUNG FUNCTION

NORTH WING FOYER, CONSULTING SUITES  
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WESTBOURNE STREET  
ST LEONARDS NSW 2067

P: 02 9966 4600 F: 02 9966 4688  
LUNGFUNCTION@NSRS.COM.AU

### Opening Hours:

9:00am to 5:00pm - Monday to Friday

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Patient and visitor parking is available in the multi-storey car park, which is owned and operated by Wilson Parking. Parking fees are displayed at all entrances to the car park.

Payment can be made at the ticket machine located on the ground floor of the multi-storey car park prior to leaving or at the boom gate with a credit card only. Concession, daily and weekly passes are available for purchase at the Parking Office on the ground floor of the multi-storey car park. The Parking Office also has information about long-term parking costs and conditions.

### Valet parking Monday-Friday 8am-4pm

There is limited valet parking available. To access valet parking, please drive to the NSPH main entrance via Westbourne Street.

### Price: \$25 for three hours

then \$8 for any time after that (maximum of \$33).

Payment by cash only can be made at NSPH main reception

### Public Transport

NSPH's nearest train station is St Leonards station. Trains run from the city on the Northern Line and take approximately 20 minutes to St Leonards. From the station the hospital is about a 10 minute walk.

Regular buses running between the upper and lower North Shore, Epping, Ryde and Sydney city, stop on the Pacific Highway outside RNSH. It takes about 5 minutes to walk from the Highway to the hospital. Designated 144 buses (Manly to Chatswood) stop inside the RNSH / NSPH hospital campus.